

# Wellbeing

## Psychological counselling

Charles University offers **free** psychological counselling in English for students and employees. More information and a link to register can be found here: <https://centrumcarolina.cuni.cz/CC-32.html>

There is also a private psychological clinic (with fees), Adicare, which offers a wide spectrum of counselling services to foreigners including individual consultations and group therapy in English: <https://www.adicare.cz/en/>

## Special needs

Charles University provides essential support for Erasmus students with special needs. You can find more information here [Students with Special Needs – Charles University \(cuni.cz\)](#)

Please note that it is essential to let us know **in advance** if you are a special needs student (even if you believe you will not require any special proceedings from our side). You can do so in the student application. It is not necessary to provide us with further information, unless you wish to do so.

Do not hesitate to approach us regarding anything you should need help with before or during your stay.